

LET YOUR FLOWER BLOOM, DETOX YOUR WOMB



YoniGemsDetox.com

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VERY IMPORTANT:

DRINK PLENTY OF WATER TO
HELP REDUCE CRAMPING



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TO THINE OWN SELF BE
TRUE

Herbal Yoni Detox

Holistic Herbal Gems for The
Health and Vitality of Your
Yoni!

1. **What Are Yoni Gems?** Yoni gems are small cloth sacs that contain a potent blend of herbs. These herbs are specifically chosen to help with vaginal cleansing.
2. **What does it do?** These gems are meant to be inserted into the yoni. While they are inside, the herbs start to activate and help to cleanse your body of toxins that accrue over time. These toxins can come from a variety of places, including air pollution, processed foods, soaps, shampoos, bleached tampons/pads, various sexual partners, and even GMOs. Because of these toxins that build up in our bodies, we have fibroids, cysts, dryness, yeast infections. These gems are meant to collect the toxins and start up with what we call the Purging process.
3. **Isn't the Vagina self-cleaning?** Many people will tell you that detoxing the vagina is unnecessary because the vagina is self-cleaning. This is true for a healthy and perfectly functioning vagina. However, as a result of the numerous toxins that we run into on a daily basis accruing in our bodies, we tend not to be as efficient at cleansing ourselves. Because of this, we can use a little help.
4. **What are the effects of the Yoni Gem?** It is not uncommon for some women to get mild cramps, especially if they have cysts and fibrosis. This is mainly due to the body starting to eliminate the toxins out of the body. A few other women also experience itchiness. This is a common ailment because the toxins are starting to go through the vagina, which is a very sensitive area of the body, to escape. Another thing that happens when the toxins start to leave the body is a foul odor might appear. This is not uncommon and is a sign that you are getting better. The foul odor will disappear when the process is over.
5. **When should I use them?** You shouldn't use them while you are on your period. The best time to use this product would be up to a week before your period begins, or 3 days after your period ends. If your period begins while you are in the process of detoxing, simply remove the gem and add a new one in on a later date.
6. **How long should I use them?** You should insert the Yoni Gem and keep it there for a minimum of 1 day, and a maximum of 3 days. After that is what we call the Purging Process, where after you take out the gem, and your body gets rid of dead skin cells, mucus and other toxins that have built up over a long period of time. This whole process should take less than a week.
7. **What are the Pros?** Creates a better environment in your womb, Cleans out the toxins that can build up and cause various issues if left uncleaned. It's a natural product, so you don't have to worry about those nasty chemical cleanses that can add toxins to your body instead of removing them.
8. **What are the cons?** Detoxing can be uncomfortable and often revolting if you look at the toxins that are escaping your body. Some can experience foul odor, watery discharge, and mild cramping during the process. However, this goes away over time.
9. **Who should and should not use it?** This product is meant for women ages 18-65 years old. This includes women who may have had a miscarriage, emotional or physical trauma, and even hysterectomies. However, it is best to forego this if you are breastfeeding, pregnant, or using an IUD.
10. **When should I not use a Yoni Gem?** Not only should you not use the gem when you are on or near your period, but you should not have sex at any time during this process. This can be up to a week after you have started to purge. Also, it is best to not use it when you are pregnant or breastfeeding.
11. **How often should I cleanse?** About once a month at most is the best bet. However if you need it less, you can cleanse less often. Since each woman is different, trying to find out a cleansing schedule is next to impossible
12. **Is it FDA Approved?** No, the FDA does not regulate herbs or holistic treatments. However, rest assured that this product is safe to use and highly effective for those who need detoxing. This blend of all natural herbs will help to eliminate the harmful toxins that reside in your body.
13. **Can I have sex or masturbate with the Yoni Gem in?** It is best to wait at least a week since you first started to detox before you start to have sex again. Masturbation is OK as long as you are not inserting anything into your vagina, like a vibrator.
14. **What's inside them?** Inside each and every one of our gems is a cocktail of different herbs that are meant to help cleanse and regulate the vaginal area. These include : Refined from Oshol, Stemonia Root, Kochia scoparia, motherwort, Rhizoma smilacis glabrae, Don Quai (Female ginseng), Lovage and Borneol. These can help in a variety of ways, from potentially regulating menstruation and hot flashes, to helping the body purge itself of various harmful toxins. These are all natural too, so you don't have to worry about being bombarded with the chemicals that you would get from the drug store.
15. **Is Frequent Urination common?** Yes, frequent urination is common, as this is a common cleansing effect. The excess urine being excreted helps to flush out the impurities and toxins in your body.
16. **How many cleanses should I order?** It is best to start off with a just a few cleanses, see how they effect you, and then order more as needed. About 2 full cleanses is best to know whether or not this product is right for you. However, because every woman is different, and each may have different factors in determining toxins in the body, it is hard to quantify a specific number.

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